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# **Hockey Drills For Scoring**





### Synopsis

Make every shot count and become a more potent offensive threat by practicing these 70 scoring drills, many of which can be performed on ice or pavement. Chicago Blackhawks coach Newell Brown and coauthor Vern Stenlund give you every tip you need for quick, creative, and accurate shotmaking. Through a sequence of competitive and challenging drills, you'll improve shooting technique and learn special ways to light up the scoreboard. The book presents time-tested drills developed by Huron Hockey School, which has graduated more than 350 players to the National Hockey League. Each chapter presents 10 drills that focus on specific scoring skills. All activities are designed to develop practical skills that carry over into game situations. And many activities are easily adaptable to roller hockey. The drills progress in difficulty  $\tilde{A}\phi \hat{a} - \hat{a}$  from simple activities that even beginners can do to elite-level workouts that would challenge the greatest talents in the world. A special Drill Finder section cross references drills by their related skill categories so you can easily find the drills that fit your needs. Each chapter includes full-page diagrams illustrating the drills and features Key Points and Drill Progressions sections that:- tell you what Huron Hockey School coaches have learned over the years to make the drills most effective, - offer tips to help players and coaches reduce the time to master skills, and - provide helpful ideas to refine the drills to challenge even the most experienced player. The authors provide specific objectives for all drills. Few of these drills require extra equipment or lots of setup time. Basically, all you need are sticks, a puck, and ice or pavement. And sample practice sessions are included to help you make the most of training time. As part of a series of drill books developed in cooperation with Huron Hockey School, Hockey Drills for Scoring provides players and coaches with the best instructional resource for increasing point production. Use it, and score!

#### **Book Information**

Series: Hockey Drills Paperback: 216 pages Publisher: Human Kinetics; Third Printing edition (July 7, 1997) Language: English ISBN-10: 0880117362 ISBN-13: 978-0880117364 Product Dimensions: 6 x 0.5 x 9 inches Shipping Weight: 12 ounces Average Customer Review: 4.7 out of 5 stars 3 customer reviews Best Sellers Rank: #1,941,130 in Books (See Top 100 in Books) #74 inà Books > Sports & Outdoors > Coaching > Hockey #729 inà Books > Sports & Outdoors > Hockey #1685 inà Â Books > Sports & Outdoors > Winter Sports

#### **Customer Reviews**

""""Newell and Vern present an effective game plan for improving both shooting and scoring skills. This is a must- read for any aspiring player, from peewee to pro. I highly recommend it."""Bobby OrrFormer NHL Scoring ChampionMember, Hockey Hall of Fame """It's been said that defensive skills can be taught while offensive ability is 'born.' However, in this book Brown and Stenlund provide tremendous insight and drills which will help to improve the scoring side of your game. A great resource for players and coaches alike."""Doug MacLeanHead CoachFlorida Panthers "

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I haven't read many books about hockey coaching, but after recieving this book, I'm pretty happy with it. It teaches you the basic shooting principles and spends some time on each type of shot. Then it goes into sections about buildings skills for each type of offensive play your team might need to work on: 1-1's, setting up plays, etc. A good variety of drills are offerred in this book and the nice thing is you can photocopy them out one by one because they are restricted to facing pages - so that you don't have to carry the whole book around. I'll be using these drills with my kids roller-hockey team and I think it will help.

Santa dropped this one in my stocking. It's great, particularly if you are searching for half-ice drills -about half of the 75 drills are designed for half-ice. The strength of this book is its emphasis on puck movement to create scoring chances. The corollary is also true -- by emphasizing movement on the attack, goaltenders also improve their positioning and mobility. The drills are well-suited to kids aged 9 and up. I have shared the book with other coaches and, perhaps the strongest endorsement --my Not only does this book provide you with detailed drills, it backs it up with specifics on what areas the drill works on, and highlights. It also has well written introductions on individual areas and the skills needed to to become a better offensive player, well worth the time to read and digest the knowledge it provides.

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